LET'S TALK ABOUT OSTEOPOROSIS:

Understanding Osteoporosis and the Importance of Optimizing Bone Health as You Age



with Baldwin Bone & Joint's Osteo Health Clinic Coordinator, Holly Scott, CRNP

HOLLY SCOTT, CRNP

Scott has practiced as a Certified Family Nurse Practitioner since 2016 with a primary clinical experience focused on osteo health. She holds a BS in Kinesiology from Georgia Southern University, an Accelerated MS in Nursing Pathway, and a MS in Family Nurse Practitioner from the University of Alabama at Birmingham (UAB).

Osteoporosis is a big issue for a lot of people, especially women over 50 and post-menopausal women.

Nearly half of all women in those groups are likely to have a broken bone or other bone issues due to osteoporosis and 25 percent of men over 50 will likely have the same problems.

SPANISH FORT SENIOR CENTER

Thursday, January 11, 2024 | 11 am – 12 noon 7361 Spanish Fort Blvd. - Spanish Fort

RSVP by 1/9 at Senior Center Bulletin Board

For more information, call 251.656.3843 or visit baldwinboneandjoint.com.



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